

THE TASTE OF A  
GREAT FOOD CITY

DÉLICE

**25 cities around the world**

**25 food cultures & food policies**

**1 mobile exhibition**

# BORDEAUX

THE TASTE OF A GREAT FOOD CITY

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## THE CANNELÉ

A pastry crunchy outside but soft inside

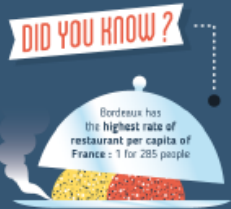
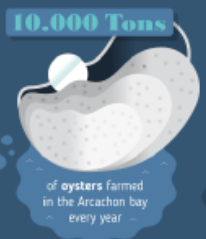


## WHAT TO TASTE ?



## FOIE GRAS

The iconic product of south west of France



### FOOD EVENTS

**BORDEAUX SO GOOD**  
November + 3 days

**BORDEAUX WINE FESTIVAL**  
June + 4 days

**NEW WINE & SECOND-HAND GOODS FAIR**  
October + 2 days

# BRUSSELS

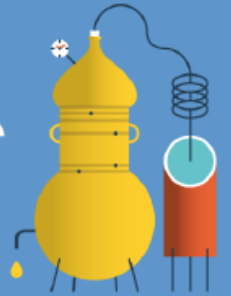
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## MUSSELS & FRENCH FRIES

The popular main dish originating from Belgium



## LAMBIC BEER

The only spontaneously fermented beer in the world

## WHAT TO TASTE ?



## DID YOU KNOW ?



## ONLY IN... BRUSSELS



## WHERE TO GO ?



### FOOD EVENTS

**BRUSSELS IN THE SKY**  
June + 5 days

**EAT | BRUSSELS, DRINK | BORDEAUX**  
September + 4 days

**SEAFOOD EXPO**  
April + 3 days

# STAVANGER

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## STERLING WHITE HALIBUT

Cooked white Halibut  
fishfarmed in Ryfylke

86%

Of Norway's  
tomato production  
is in Stavanger  
Region

## WHAT TO TASTE?

## JÅRIKÅL

Lamb from Rogaland  
together with cabbage



Norway's best milk cow  
is named Civa  
and lives in Stavanger

25000



People  
employed by the  
world leading  
seafood  
cluster

17%



Of the country's beef production  
comes from Rogaland



9  
KG

The dairy produced  
in Stavanger per  
Norwegian

## ONLY IN... STAVANGER

Stavanger hosts NCE  
Culinology, Norway's only  
Center Of Expertise on Food

## DID YOU KNOW?



Stavanger is the heart of Rogaland,  
the biggest food producing  
county in Norway

## WHERE TO GO?



Visit the towns of  
Ryfylke with the many  
fish farms

## FOOD EVENTS

GLADMAT  
The Good Food Festival  
July → 1 week

TOMATFESTIVALEN  
August → 3 days

DET NORSKE MÅLTID  
Finale of the Norwegian  
Meal Contest  
January → 1 days



MÅLTIDETS HUS  
www.maltidetshus.no



Stavanger  
region

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# LYON

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## QUENELLE DE BROCHET

Pike quenelle cooked  
in the oven, often served  
with a cream sauce



## TARTE À LA PRALINE

A sweet tart with almonds  
wrapped with cooked sugar  
and pink food colouring

## WHAT TO TASTE?



3882  
Restaurants  
in the metropolis

21  
Michelin  
starred  
restaurants



3600 M<sup>2</sup>

Dedicated to gastronomy soon to open in 2018:  
La Cité Internationale de la Gastronomie



Paul Bocuse,  
3 Michelin  
starred chef  
for over  
50  
years



340

Agricultural properties  
in the metropolitan  
area of Lyon

## WHERE TO GO?

## ONLY IN... LYON

## LES HALLES



220 weekly air markets  
in the metropolis & the Halles  
Paul Bocuse, the most famous  
indoor market of Lyon



The traditional cuisine  
of Lyon is served in  
"Bouchons Lyonnais"  
restaurants

## FOOD EVENTS

SIRHA Hospitality &  
Food Service Event  
Biennial | January → 5 days

BOCUSE D'OR  
& Coupe du Monde  
de la Pâtisserie  
January → 4 days

MARCHÉ DES SAVEURS  
September → 1 day

## DID YOU KNOW?



In 1934,  
the famous French  
culinary writer Curnonsky  
named Lyon, the  
International  
Capital of  
Gastronomy



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# IZMIR

THE TASTE OF A GREAT FOOD CITY

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## ARTICHOKE IN OLIVE OIL

Artichoke bowls filled with rice, vegetables and herbs



## STUFFED MUSSELS

Stuffed and cooked with rice, black current and onion

### WHAT TO TASTE?



1492

Invention of the **Boyoz**, a local pastry often eaten at breakfast



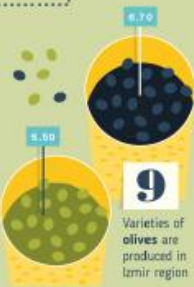
32

Varieties of fresh wild Aegean herbs are used for cooking



10.000 Tons

Of dried fig are exported each year



9

Varieties of olives are produced in Izmir region

### DID YOU KNOW?



The traditional alcoholic beverage **Raki** is also called «Lion's Milk»

### WHERE TO GO?



2774

Restaurants in Izmir

### ONLY IN... IZMIR



The donut **Izmir Lokma** is traditionally served for free on the streets

## FOOD EVENTS

URLA ARTICHOKE FESTIVAL  
May + 3 days

ALACATI HERB FESTIVAL  
April + 3 days

INTERNATIONAL GASTRONOMIC TOURISM CONGRESS  
December + 3 days



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# GOTHENBURG

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## SHRIMP SANDWICH

Shrimp on bread with egg, mayonnaise, dill, lemon and lettuce



### WHAT TO TASTE?



## SEAFOOD

Fresh crayfish and oysters enjoyed straight from the boat

8 million

Buns are eaten on the the annual **Cinnamon Bun Day** in October

1874

Opening of the iconic fish market **Foskåkbränna**, the "Fish Church"

7

Michelin starred restaurants

30

Oysters opened in **2,57 minutes**: the World Record held by a Gothenburg chef



350.000

Elks roam the Swedish forests

### DID YOU KNOW?



Sweden's Right of Public Access allows chefs to pick ingredients almost anywhere

### WHERE TO GO?



Experience a **lobster safari** on one of the 70 car-free islands near the city centre

### ONLY IN... GOTHEENBURG

The City is switching to **100% Organic Food** in all public kitchens including schools and preschools

## FOOD EVENTS

NORDIC CHAMPIONSHIP IN OYSTER OPENING  
April-May + 3 days

THE PASSION FOR FOOD FESTIVAL  
August + 2 days

GLOBAL PICNIC FOOD FESTIVAL  
February + 3 days



www.gothenburg.com



www.delice-network.com

# FRANSCHHOEK

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## FRANSCHHOEK SALMON & TROUT

Hot and cold smoked salmon & trout farmed in the streams of the Franschhoek mountains



## WHAT TO TASTE ?



## CURED MEAT

Includes droëwors, biltong and charcuterie



45 Restaurants of which some are internationally awarded

18,384,000



Bottles of wine produced annually in Franschhoek



4,927 Restaurant seats in Franschhoek



The price of an average main meal in Franschhoek is around 104



#7 Rated one of the top wine destinations of the world in 2016 (Wine Enthusiast Magazine)

## DID YOU KNOW ?



Wild elephants roamed the valley 150 years ago and crossed over the pass to birth their calves in Franschhoek, the "Elephant Corner"

## WHERE TO GO ?



The Franschhoek Bastille Festival celebrates the French cultural heritage with a focus on food, wine and music

## ONLY IN... FRANSCHHOEK



The Franschhoek Artisan Route The only route in the country showcasing local artisans and producers

## FOOD EVENTS

- FRANSCHHOEK BASTILLE FESTIVAL July + 2 days
- FRANSCHHOEK UNCORKED September + 2 days
- FRANSCHHOEK Cap Classique & Champagne Festival December + 2 days



www.franschhoek.org.za



www.delice-network.com

# TORINO

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## BAGNA CAUDA

Hot sauce made of garlic, anchovies, olive oil and served with vegetables



## WHAT TO TASTE ?



## VITELLO TONNATO

Silverside beef with a sauce made of eggs, capers and anchovies



1200 Restaurants in the metropolis



9 Michelin starred restaurants

150 million

Bottles produced by Martini&Ressi



34 Types of certified DOC wines produced in Torino metropolitan area



40% 10% of the national chocolate production comes from Torino

## DID YOU KNOW ?



The breadsticks were initially invented at the Court of Savoy

## WHERE TO GO ?



The biggest open-air market in Europe

## ONLY IN... TORINO



The traditional hot beverage made of chocolate, cream milk and coffee

## FOOD EVENTS

- TERRA MADRE SALONE DEL GUSTO September + 5 days
- MERENDA REALE All year long + Every weekend



www.turismotorino.org



www.delice-network.com



# AARHUS

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## SMØRREBRØD

Dark, rye bread with various toppings such as potatoes and bacon



## WHAT TO TASTE ?



## STEGT FLÆSK

Fried pork with parsley gravy

2017

**+130**

Food events organized as European Region of Gastronomy & European Capital of Culture

**4** Michelin starred restaurants

**39.000** People work within the food industry in Central Denmark Region

**8.4%** Of products sales are organic: the world record

**1<sup>st</sup>** Food innovation hub in Europe centred in Agro Food Park

## DID YOU KNOW ?

The Lonely Planet lists Aarhus #13 of the 52 best culinary destinations in the world

## WHERE TO GO ?

Aarhus Street Food and Aarhus Central Food Market: popular food markets of Aarhus

## ONLY IN... AARHUS

**RESTAURANT GASTROME** earned a Michelin star only 6 days after opening

## FOOD EVENTS

- FOOD FESTIVAL September + 3 days
- WILD TASTE FESTIVAL April + 3 days
- FOOD MARKET AT INGERSLEV BULEVARD Every Wednesday and Saturday

AARHUS | CENTRAL DENMARK REGION 2017 EUROPEAN REGION OF GASTRONOMY

www.danishfoodregion.eu www.visit aarhus.com



www.delice-network.com

# RIGA

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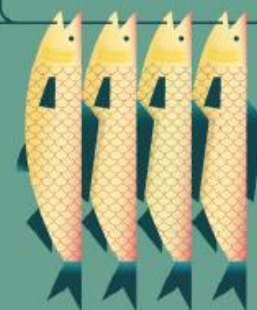


## LAYERED BLACK BREAD

Black bread crumbs in layers with cranberry jam and whipped cream



## WHAT TO TASTE ?



## SMOKED FISH

Salted fish smoked on elder, maple or oak wood

**1752**

Invention of the Riga Black Balsam, featuring 24 natural ingredients

**1960**

The "Vecrīga" cake was created to honour the Old Riga

**450**

Organic local farmers provide seasonal products and meat from around Riga

## DID YOU KNOW ?

At least once a year, Rigans go mushroom and berry picking in the woods

**2000** Restaurants and Cafes in Riga

## WHERE TO GO ?

**Riga Central Market** is located in historical buildings, originally designed as Zeppelin airship hangars

**ONLY IN... RIGA**

In spring, people enjoy a cure of fresh birch sap, extracted for it's nutritive benefits

## FOOD EVENTS

- RIGA RESTAURANT WEEK May / October + 7 days
- RIGA FESTIVAL RESTAURANT August + 1 day
- RIGA FOOD FESTIVAL September + 3 days



www.liveriga.com



www.delice-network.com



# LAUSANNE

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## PAPET VAUDOIS

Hotpot made from leek, potatoes and sausage



## FILETS DE PERCHE

Fried fish with a slice of lemon and french fries

### WHAT TO TASTE ?

**1536**

The City of Lausanne begins its wine production

**20 KG**

Of cheese eaten per person per year

**15**

Michelin starred restaurants

Including the #1 restaurant, ranked in 2015 by La Liste (Robuchon Jéssy Vézey)

**PINTE BRESSON 1780**

Opening of "Pinte Bresson", one of the 10 oldest restaurants in Europe

### DID YOU KNOW ?

Milk Chocolate was invented in Lausanne area in 1875

### WHERE TO GO ?

The terraced vineyards of Lavaux, by the lake Geneva, are listed as UNESCO Heritage

### ONLY IN... LAUSANNE

The "Ecole Hôtelière de Lausanne" was the first hospitality management school in the world (1893)

## FOOD EVENTS

MIAM FESTIVAL  
May / June + 3 days

NATIONAL PICNIC DAY  
August + 1 day

Lausanne

Lausanne



www.lausannevalable.ch

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# MADRID

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## BOCADILLO DE CALAMARES

Fried squid in a sandwich



## COCIDO MADRILEÑO

A traditional chickpea-based stew, with meat and vegetables

### WHAT TO TASTE ?

**46**

Municipal Markets around the city

**3100**

Restaurants in the city

**14**

Michelin starred restaurants

**2AM**

Closing time of the last taverns & wineries of the city

### DID YOU KNOW ?

"Tapas" means "cover" and was originally a plate of finger food placed on top of a glass of wine to avoid flies

### WHERE TO GO ?

**METRO**

**LA LATINA**

In La Latina area, enjoy the many tapas bars from mid-day to late at night

### ONLY IN... MADRID

**Conchas de Violeta** are handmade since 1915 in a candyshop on Plaza de Canalejas

## FOOD EVENTS

GASTROFESTIVAL  
January + 2 weeks

MADRID FUSION  
January + 3 days

MADRID TAPAS WEEK  
June + 7 days

iMADRID!

www.esmadrid.com

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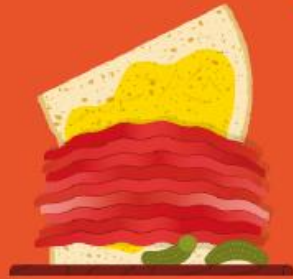
www.delice-network.com



# MONTREAL

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## SMOKED MEAT

Currated beef brisket with spices



## WHAT TO TASTE ?



## POUTINE

French fries with gravy and cheddar curds



370 Restaurants "Bring Your Own Wine" without corking fees



69 Restaurants per KM²



40 FOOD FESTIVALS and events every year



25 Microbreweries on the Island of Montreal

## DID YOU KNOW ?



Lufa Farm is the world first commercial rooftop greenhouse

## WHERE TO GO ?



MARCHÉ JEAN-TALON  
Jean-Talon market offers products coming from a radius of 60km around Montréal, open 365 days a year

## ONLY IN... MONTREAL



LA BINERIE MONT-ROYAL is the only typical French Canadian cuisine restaurant in Montreal

## FOOD EVENTS

MONTREAL EN LUMIERE  
February + 11 days

MONDIAL DE LA BIÈRE  
June + 4 days

YUL EAT FESTIVAL  
September + 3 days

MTL À TABLE  
November + 11 days

TOURISME / Montreal

www.mtl.org

#MTLMoments

#MTLatable

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# LISBON

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## BAKED CODFISH

Served with olive oil, potatoes, eggs, grain and vegetables



## WHAT TO TASTE ?



## COZIDO À PORTUGUESA

Traditional stew with boiled vegetables, meat, pork sausages, rice, beans and potatoes



390 Tons of sardines eaten weekly during the June Festivities



8,500 Restaurants, cafes & bars in Lisbon



21000 Pastéis de Belém pastry sold per day in Lisbon



4,500,000 Liters of beer sold every month

## DID YOU KNOW ?



Martinho da Arcada is the oldest restaurant in Lisbon, founded in 1782

## WHERE TO GO ?



MERCADO DA RIBEIRA

A place where you can find 24 restaurants and 8 bars

## ONLY IN... LISBON

Founded in 1840, "A Ginjinha" is the best place to try the traditional berry liquor Ginjinha



## FOOD EVENTS

PEIXE EM LISBOA  
April + 10 days

LISBOA À PROVA RESTAURANT CONTEST  
Every Year

ROTA DAS TAPAS  
October + 17 days



www.cm-lisboa.pt



LISBOA eat & love it

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# PUEBLA

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## MOLE POBLANO

Thick meat sauce made of a mixture of chili, chocolate, fruit, spices and seeds.



## CHILE EN NOGADA

Traditional "Chile Poblano" covered with egg and fried, filled with seasonal fruit mixed with meat, and a thick nut sauce on the top.

### WHAT TO TASTE ?



100

Varieties of candy produced in the oldest candy shop of the city



23 Restaurants are labeled MESAS POBLANAS for their qualitative traditional recipes



OVER 30

Varieties of street food dishes that you can find anywhere in the city

1916



Opening of the traditional bar "La Pasita"

### DID YOU KNOW ?



The traditional Chile en Nogada is a very seasonal dish and can only be served between July & September

### WHERE TO GO ?



More than 40 stores dedicated to traditional candies in only one Street : 50 CALLE DE LOS DULCES

### ONLY IN... PUEBLA



Puebla cuisine has a pre-Hispanic, Spanish and Asian influence

## FOOD EVENTS

FESTIVAL DEL MOLE Every year

STREET FOOD FESTIVALS OF THE CITY CENTER Every Year



Facebook : Puebla Ciudad Patrimonio #VISITAPUEBLA



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# BARCELONA

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## ESCUDELLA I CARN D'OLLA

Catalan soup with pasta and meat stew



VERMUT



## CREMA CATALANA

Catalan crème brûlée

### WHAT TO TASTE ?



700

Companies are gathered in Mercabarna, a Food Hub producing and distributing fresh and frozen products



10,000

Restaurants in the city

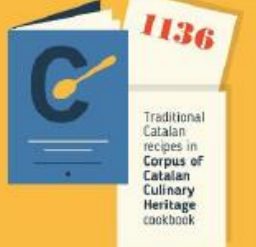
23

Michelin starred restaurants



5

Wine Designations of Origin in Barcelona



1136

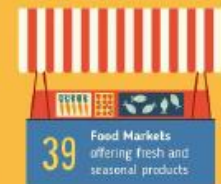
Traditional Catalan recipes in Corpus of Catalan Culinary Heritage cookbook

### DID YOU KNOW ?



Barcelona is symbol of the Mediterranean diet, declared UNESCO Intangible Cultural Heritage

### WHERE TO GO ?



39

Food Markets offering fresh and seasonal products

### ONLY IN BARCELONA



Pa amb tomàquet is bread spread with a rubbed tomato

## FOOD EVENTS

ALIMENTARIA April + 4 days

MERCAT DE MERCATS October + 3 days

MOSTRA DE VINS I CAVES DE CATALUNYA October + 2 days



www.visitbarcelona.com



www.delice-network.com



# KOBE

THE TASTE OF A GREAT FOOD CITY

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## CONFECTIONERIES

Renowned cakes and breads, made by skilled and dedicated artisans

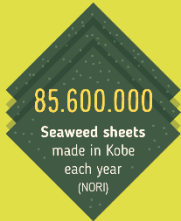


## WHAT TO TASTE ?



## JKANAGO NO YUGINI

The seasonal spring tradition is sand eel boiled in soy sauce, sugar and ginger



## DID YOU KNOW ?



Kobe is considered the food hub of Japan, being one of the first cities in Japan to have an established port

## WHERE TO GO ?

In the Nadagogo District, taste Sake from Japan's most famous breweries



## ONLY IN... KOBE



Farms and Fisheries are very close to urban area in Kobe

## FOOD EVENTS

HARVEST FESTIVAL  
November → 1 day

KOBE FARMER'S MARKET  
Every saturday

GASTROPOLIS KOBE DAY  
November → 2 days



[www.gastropoliskobe.org](http://www.gastropoliskobe.org)

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[www.delice-network.com](http://www.delice-network.com)

# TO BE CONTINUED...

# DÉLICE

Network of good food cities  
of the world

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